



No More Than Enough

FR. JOSEPH JUKNIALIS

"You are the salt of the earth." Prior to industrialization, salt was a highly valued commodity. In the Middle Ages, a ton of salt sold for thirty-three gold ducats. Much earlier, Roman soldiers were often paid in salt. Hence our word *salary*. "You are the light of the world." Like salt, light also is a valuable and necessary part of life. Without light, living plants die and human beings grow depressed.

Curiously, we only become aware of salt and light when they are absent. Food tends to be less tasty and bland without salt. And without light in the room we stumble and trip. Yet too much salt ruins food, while too much light blinds us, like when we drive facing headlights at night or stare at the sun. As valuable as salt and light are, both are at their best when unnoticed.

I offer these realities as images for persons of faith. Too much of "us" in the mix and we become the center of life, our egos blinding others to the workings of God. Yet absent, a world without persons of faith grows flat for lack of values and wisdom.

Likewise, the Church. Whenever the Church draws attention to itself, whenever it is clothed with pomp and majesty, God recedes to the background. Without the Church's wisdom, however, a world hungry for meaning grows lost; charity is forgotten. We are called to be salt and light, no more than enough. ●

Reflect

How do I keep a balance between too much of me in the picture and too little?



Your light must shine
before others, that they
may see your good deeds
and glorify your heavenly
Father.

MATTHEW 5:16



Holy Trinity



St. Thomas More



St. Patrick

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Office Hours
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St Thomas More Catholic Church
302 Chestnut St.
Dalzell, IL 61320
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Adoration Room at STM
Open Monday - Sunday
Regular Hours
9 am - 6 pm

Events at St Thomas More
Rav Group is taking orders now.
Call 815-252-2215 to place an order

St. Patrick Catholic Church
106 Church St.
Arlington, IL 61312
Phone 815-894-2006
Mail: PO Box 159 Cherry IL 61317

Website for the Three Churches
www.bureaucatholic.org
and on Facebook at
"Bureau Catholic Churches"

Facebook for the Three Churches
Use Link on Home Page
www.bureaucatholic.org

Emergency Number for all 3 Churches 779-248-2164



9:30 am - 10:30 am at Cherry Church Hall
Sunday, February 5th - 5th thru 8th Grades
Sunday, February 12th - K thru 4th Grades
CCD email address is holytrinitycherry@gmail.com

Daily Mass Intentions for the Week of February 6, 2023

Monday	2/6			† No Mass
Tuesday	2/7	9:00 am	STM	† Ellen Pufhal
Wednesday	2/8	5:30 pm	HT	† Jack & Theresa McCallum
Thursday	2/9	9:00 am	HT	† Beatrice Verucchi
Friday	2/10	9:00 am	STM	† Clifford Sondgeroth

Mass Intentions for the weekend of February 11-12, 2023

Saturday	2/11	4:00 pm	St Thomas More	† Ann Maggio
Sunday	2/12	8:30 am	Holy Trinity	† Joyce Hoscheid
		10:30 am	St Patrick	† Jerry Simkins
		5:00 pm	St Thomas More	† For the Parishioners

O Immaculate Virgin Mary, Mother of Mercy, you are the refuge of sinners, the health of the sick, and the comfort of the afflicted. You know my wants, my troubles, my sufferings. By your appearance at the Grotto of Lourdes you made it a privileged sanctuary where your favors are given to people streaming to it from the whole world. Over the years countless sufferers have obtained the cure for their infirmities - whether of soul, mind, or body. Therefore I come to you with limitless confidence to implore your motherly intercession. Obtain, O loving Mother, the grant of my requests. Through gratitude for Your favors, I will endeavor to imitate Your virtues, that I may one day share in Your glory. Amen.

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Prayer to Our Lady of Lourdes



Feast Day - 11 February



After watching the "Growing Disciples" diocesan webinar, each of our three churches leaders team has held meetings separately and has submitted answers to the questionnaire pertaining to each church to the bishop and his consulting panel. As this lengthy process will continue on, we'd like to thank all members of each church leaders team for their sacrifice and dedication.

SAVE THE DATE

ST PATRICK CHURCH

SAUSAGE MAKING ~ SAT MARCH 4TH
(ORDER FORMS IN THE BACK OF CHURCHES)

PANCAKE & SAUSAGE BREAKFAST
SUN, MARCH 12TH

MORE INFO TO SHARE IN THE COMING WEEKS



Thanks to repeated efforts by our pastoral assistant, Julie, our churches envelopes have finally arrived. Please remember to pick up your envelope box located in the back of your respective church. Also, if you don't see your name and would like envelopes, please contact the church office to receive some. Thank you for your weekly support. Your generosity is very much appreciated.

LATEST OFFERING'S

WEEKEND JAN 29TH

HT - \$637.50

SP - \$448.00

STM - \$540.00

In Happy Moments
Praise God
In Difficult Moments
Seek God
In Quiet Moments
Trust God
In Every Moment
Thank God

CONFESSIONS

THE NEXT CONFESSIONS
WILL BE SAT. FEB 11TH
10:30 - 11:15 AM AT
ST THOMAS MORE
IN THE HALL

Dear Padre,

Sometimes I become pretty disgusted with my life and myself. I wonder if anyone really loves me. Is there any way I can know that God loves me?

Every human person is made in the image of God. This means that your life is infinitely precious in God's eyes. God values and loves you beyond anything you could ever imagine.

God has also placed into our hearts a yearning for love and happiness that cannot be satisfied by anything less than God. True love will not be found in riches or well-being, in fame or power. True happiness will be found in God alone, the source of all life and all love.

In New Testament times, many people believed that wealth and success were signs of favor and love from God. If disaster struck, you would assume that God was angry with you, or that you had done something wrong. Ill-fortune was a "sign" that God's love had been withdrawn from you.

Jesus turned this sort of thinking on its head. Jesus taught that God truly loves all people, including those who are down on their luck. God's love is not based on wealth, fortune, or success. Rather, God loves you because you are God's own creation, God's child, and heir to God's own kingdom.

You might find it helpful to talk over those feelings of self-disgust with a spiritual director or a confessor. Meanwhile, take comfort in the words of Isaiah: Do not fear, for I have redeemed you; I have called you by name: you are mine (Isaiah 43:1). ●



CREATIVE IMAGES / SHUTTERSTOCK

The Redemptorists / DearPadre.org

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
February 6 <i>St. Paul Miki and Companions, Martyrs</i> Gn 1:1-19 Mk 6:53-56	February 7 <i>Weekday</i> Gn 1:20-2:4 Mk 7:1-13	February 8 <i>Weekday</i> Gn 2:5-9, 15-17 Mk 7:14-23	February 9 <i>Weekday</i> Gn 2:18-25 Mk 7:24-30	February 10 <i>St. Scholastica, Virgin</i> Gn 3:1-8 Mk 7:31-37	February 11 <i>Weekday</i> Gn 3:9-24 Mk 8:1-10	February 12 <i>Sixth Sunday in Ordinary Time</i> Sir 15:15-20 1 Cor 2:6-10 Mt 5:17-37 or 5:20-22, 27-28, 33-34, 37

Know Someone Overly Anxious About Sin?

Since 1964, the Redemptorists' *Scrupulous Anonymous* free monthly newsletter has ministered compassionately to those struggling with scrupulosity. To subscribe, visit ScrupulousAnonymous.org.



END PHOTO / VATICAN MEDIA

A WORD FROM POPE FRANCIS

God changes the world by transforming our hearts, and this he cannot do without us. The Lord wants us to open the door of our hearts in order to enter into our lives....For when God finds an open and trusting heart, he can work wonders there.

HOMILY BAKU, AZERBAIJAN, OCTOBER 2, 2016