



## Grateful for Being Grateful

FR. JOSEPH JUKNIALIS

**H**ere is a quick self-test: *Name three things in your life for which you are grateful.* Finished? If you were able to name three things easily, your spirituality is probably in a good place. If you had difficulty, your spirituality may be in need of some work. Spiritual writers have long noted that living day by day with a sense of gratitude is one of the signs of holiness. Yet, a number of attitudes can get in the way of our being thankful. One is anger; it unsettles and focuses our attention on one issue, keeping us from seeing a bigger picture filled with blessings. Another is living with continual wanting; incessant desires for more prevent us from recognizing the beauty and goodness of what already is. Fear too keeps us from being grateful; it obliterates all the goodness that is present and focuses on an unknown and uncertain future that may never be.

Therapists have advised that, at the end of each day, people should take time to name three things that happened that day for which they are grateful, as doing so will often ease depression. Our religious tradition has been encouraging this for 2,000 years. Not all depression is due to life circumstances; some is the result of chemical or hormonal imbalances. But, if our sadness is the consequence of life events, naming three positive occurrences from each day not only brings a balance to our attitudes but also brings us to deeper faith, recognizing a power greater than ourselves at work in our lives. That power is God. ●

### Reflect

***What are three reasons I have for gratitude?  
What blessings do I forget?***

Jesus said..."Ten were cleansed, were they not? Where are the other nine? Has none but this foreigner returned to give thanks to God?"

LUKE 17:17-18



# ST. BARBARA PARISH

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Dalzell IL 61320

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## St. Thomas More Site

302 Chestnut Street  
Dalzell IL



## Holy Trinity Site

### Parish Office

212 S Main Street  
PO BOX 159  
Cherry IL

## Adoration Room at STM Site

Open Daily from 9 am-6 pm

### Confession Info

Saturday morning, alternating  
between STM Site & HT Site  
in the Confessional between  
10:30 am-11:15am

## Church Office Info

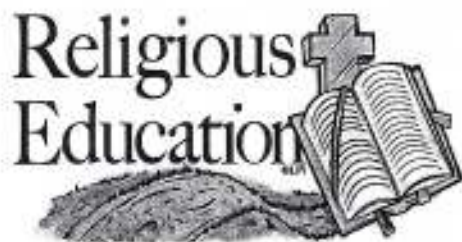
Pastor: Father Thaddeus Tran

Pastoral Assistant: Julie Hollinger

Parish Secretary: Melissa Pasillas Email: Melissahtc@outlook.com

Office Hours at HT: Tuesday, Thursday and Friday 9am-1pm

**Emergency Number: 779-248-2164**



## CCD Classes

Sunday, October 12th – 6th-8th grade class  
Make-up test for Confirmation students

Sunday, October 19th —K-5th grade (10:15am-11:15am)

## St. Barbara Daily Mass Intentions for the Week of October 13, 2025

Monday	10/13		† No Mass
Tuesday	10/14	9:00 am STM Site	† Mary Nave & Mary L. Baker
Wednesday	10/15	5:30 pm HT Site	† Michael Campbell
Thursday	10/16	9:00 am HT Site	† Alan Hahn
Friday	10/17	9:00 am STM Site	† Corrine Manning

## St. Barbara Mass Intentions for the weekend of October 18-19, 2025

Saturday	10/18	4:00 pm	ST. Thomas More Site	† For the Parishioners
Sunday	10/19	9:00 am	Holy Trinity Site	† Connie Lauer



## OCTOBER: REFLECTION FOR THE MONTH OF THE HOLY ROSARY

October is the month dedicated to the Holy Rosary. The Rosary is not just a chain of beads, it is a chain of love that ties us to God through Mary, our Mother. Many times, we carry heavy burdens in life: family struggles, financial worries, sickness, and broken relationships. Sometimes we feel like no one understands our pain. But when we hold the Rosary in our hands, we are not alone. Mary, the Mother of Jesus, holds our hand and prays with us.

Why should we pray the Rosary? Because it is simple, powerful, and deeply personal. Each Hail Mary is like a rose offered to Our Lady, and together they form a beautiful crown for her. But more than that, every mystery we meditate on takes us into the life of Jesus His birth, His suffering, His love for us, and His victory over death.

The Rosary is a prayer for every season of life:

When you are joyful, the Rosary reminds you that Jesus shares in your joy.

When you are sorrowful, the Rosary comforts you, reminding you that Mary stood at the foot of the Cross too.

When you are confused, the Rosary brings light, because Jesus is the Light of the world.

St. Padre Pio used to say: "The Rosary is the weapon for these times." And truly, in a world full of noise, anxiety, and temptation, the Rosary gives us peace, strength, and protection.

This month, we invite you: take your Rosary daily. Pray it in your family, on your way to work, in your quiet time, even when you feel distracted Mary sees your effort. Each decade is like a step closer to heaven.

Let us honor Our Lady of the Rosary, who always leads us to her Son. May this October be a month of blessings, healing, and renewed faith for you and your loved ones.

Holy Mary, Queen of the Rosary, pray for us!

(Excerpted from ST. PADRE PIO prayer for healing group, "Fenny Leah Gondi")

### CHURCH ANNOUNCEMENTS

**World Mission Sunday Collection:** Please note that on the weekend of October 18th-19th, we will be taking up a second collection.

**Parishioners:** October 18-19 and October 25-26, respectively, will be the Annual Diocesan Mass Count weekends. Please make sure you attend Mass on these days.

**Remembrance Candles for All Souls Day:** All Souls Day is just around the corner. As in previous years, we are going to have candles available for you to purchase in remembrance of loved ones. Candles will be \$5 each.

**Peterstown TEC:** Is having a girl's weekend. On October 25-27, 2025. Information can be found at [peterstowntec.com](http://peterstowntec.com) or contact Jim Hoscheid at 815-228-2525.



### Latest Offering's

October 5th Weekend

St. Barbara Parish

Total Collections:  
\$2,010.00

### Next Confessions

Confession will be  
Sat. October 18th  
10:30am-11:15am

HT site in the  
Confessional



# Dear Padre,

***Are people born with the Holy Spirit, or do they have to be baptized in order to receive the Holy Spirit? If we are not born with the Holy Spirit, is it just our conscience that is bothered when we are doing wrong?***

Your question is suggesting that the Holy Spirit is "in" or "out." St. Paul teaches us, "In him we live and move and have our being" (Acts 17:28). In other words, the Spirit of God is always with us, and we are dependent on that Spirit for life. There is no beginning and there is no end; the Spirit always was, and is, and will be.

The *Catechism of the Catholic Church* explains that "Conscience is a judgment of reason whereby the human person recognizes the moral quality of a concrete act that he is going to perform, is in the process of performing, or has already completed. In all he says and does, man is obliged to follow faithfully what he knows to be just and right" (1778). We have an obligation to form our consciences to know what is right and to help our children form theirs. It is with the cooperation of the Spirit that a "good conscience" is formed.

When we celebrate the sacraments, including the sacrament of baptism, we are confirming the life of the Spirit that is within us. We are acknowledging and proclaiming the abiding presence of the Spirit of God. ●

**Fr. Thomas M. Santa, CSSR / [DearPadre.org](http://DearPadre.org)**



DEAR PADRE / SHUTTERSTOCK

## Do you have a question for the Padre?

Go to [DearPadre.org](http://DearPadre.org) to send your question and to learn more about *Dear Padre*.

### A WORD FROM POPE LEO XIV

***The deepest purpose of the Church's social doctrine [is] a contribution to peace and dialogue in the service of building bridges of universal fraternity.... [T]he Risen Lord always goes before us, even at times when injustice and death seem to prevail. Let us... "build bridges through dialogue and encounter, joining together as one people, always at peace."***

ADDRESS, ROME, MAY 17, 2025

WIKICOMMONS



#### Monday

October 13

Weekday

Rom 1:1-7

Lk 11:29-32

#### Tuesday

October 14

Weekday

Rom 1:16-25

Lk 11:37-41

#### Wednesday

October 15

St. Teresa of Jesus,

Virgin and Doctor

of the Church

Rom 2:1-11

Lk 11:42-46

#### Thursday

October 16

Weekday

Rom 3:21-30

Lk 11:47-54

#### Friday

October 17

St. Ignatius of  
Antioch, Bishop  
and Martyr

Rom 4:1-8

Lk 12:1-7

#### Saturday

October 18

St. Luke, Evangelist

2 Tm 4:10-17b

Lk 10:1-9

#### Sunday

October 19

Twenty-ninth  
Sunday in Ordinary  
Time

Ex 17:8-13

2 Tm 3:14-4:2

Lk 18:1-8