

NATURAL PLANTS AND REMEDIES GIVEN BY BLESSED VIRGIN MARY TO TREAT DISEASES, PESTS, PLAGUES AND PANDEMICS

# REVELATIONS AND PROPHECIES GIVEN TO LUZ DE MARÍA



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#### 1. INTRODUCTION

Dear brothers and sisters:

We are witnessing the compliance of the prophecies given by Our Lord Jesus Christ, Our Blessed Mother and Saint Michael Archangel to Luz de Maria, which mention the arrival of plagues, pests and diseases. Many of them have been created by the evil use of science and by men himself, and scientists will not be able to find a cure for them.

Luz de María told us int the commentary to the Message given on June 9, 2016 by Our Lord Jesus Christ, the following:

"...we are warned as to the great imbalance that exists because of the manipulation of a group of people. They have devoted themselves for years now to deciding the fate of Humanity on the earthly plane. We will be invaded by constant plagues and illnesses spread all over the Earth, with the aim of reducing the world population. The war will be more overt."

We are living the time of proliferation of pests and plagues, that will turn into pandemics, but Heaven does not abandon us and Our Blessed Mother, since 2009, has given us indications to treat the different diseases that will appear in this time, as well as the recommendations to treat them and strengthen our organism.

In this document, we have classified the plants according to their properties and the indications given by Our Blessed Mother, regarding how they favor and strengthen some systems of the human organism, to facilitate their understanding and application for an appropriate use.

Certain medicinal plants recommended by Our Blessed Mother include indications of doses, ways of use and contraindications; nevertheless, in most cases, the Blessed Mother only mentions the plant, leaving to each of us the responsibility to investigate their particular use, to complement the knowledge of each plant and remedy given by Heaven. Each one must analyze its health situation (or that of the person to which it recommends the plants) and take into consideration allopathic medications (pharmacological treatments) used, to avoid interference or intoxication due to the combination of substances. On the other hand, it is also important to consider medical conditions, such as autoimmune diseases for which the use of certain plants is not recommended. Due to the above, a thorough investigation of each plant must be performed, which includes consulting a physician.

Another important aspect to take into consideration is that some plants recommended by Heaven do not count with scientific studies to support their properties and uses, nevertheless, being indicated by Our Blessed Mother and Our Lord Jesus Christ, the Divine Wisdom and Science transcend human knowledge and in faith we trust in Heaven's indications for the wellness of each of its Sons. Additionally, with loving insistence, Our Lord tells us to use the medicines His Will has given us.

Children, My Mother has given you the medicines of Our Will. You continue to seek what is human and not what we have given to man by Divine Will. Do not expose yourselves unnecessarily, be cautious and do not expose yourselves: instead, pray in your homes at the moment. Our Lord Jesus Christ, 03.20.2020.

Following we mention some messages of alert from Heaven, telling us about the appearance of diseases, pests, plagues and pandemics.

Epidemics will multiply until they become pandemics; eradicated diseases are returning, just as man has eradicated Me and has chosen Satan as his god. At this, the elements rise in search of man, who is not living according to My Will. Our Lord Jesus Christ, 04.26.2019.

My Beloved People, many diseases are hanging over Humanity, and I mention this and bring it to your attention in order for you to protect yourselves. Viruses are swarming in the air and you must protect yourselves; that is why My Mother has given you and will continue to give you the necessary natural medicines so that you put them into practice, because some viruses have been deformed in laboratories so that they do not react to human medicine. It will be then that unbelievers, having to make use of everything found in Nature and that My Mother has mentioned to you, will see with surprise how their health, if it is Our Will, is restored. I see others of My children worrying too much, more than necessary, over what is material, when before you plagues are looming that can exterminate entire peoples." Our Lord Jesus Christ, 11.20.2018.

"I call you to unite, to unify and intensify fraternity; I call you to compile the Messages in which My Mother or I have given you the natural medicines necessary for you to face the great pestilences, plagues, diseases and chemical contaminations to which you, as Humanity, will be exposed, because it is not only Nature that rebels against man, but also those who, with petty and selfish interests, have conspired to exterminate much of Humanity." Our Lord Jesus Christ, 10.10.2018

"Great diseases are spreading quickly and when they become known through the medical media, no longer able to hide them, it will be what My Mother has revealed to you for some diseases that will stop them, but in the midst of everything the creature's Faith is needed" **Our Lord Jesus Christ, 05.17.2017** 

"Some of My children have not been through hard times, they do not know the face of hunger, they do not know the face of repression, they do not know the face of despair at not having what is necessary to control pain. My Mother has given and will give you medicines that you can find in Nature and with them mitigate diseases and make them disappear. Do not save them until you have to use them; look for where they are, look for where you can find them near you - do not wait until the last minute. Plague is moving silently, without being unveiled before the eyes of humanity. You have the means and more in order to fight it. I do not forsake my people." Our Lord Jesus Christ, 08.03.2017

## 2. PLANTS AND REMEDIES TO DISINTOXICATE THE ORGANISM

## 2.1 Drink previously boiled water

Humanity has comfortable feeding habits, but which are totally harmful for the human organism, and continually destroys and makes sick. In this instant man's organism is saturated by bad eating habits,

making it a weakening organism and the new diseases causes man a lot of harm. Luz de Maria asks our Mother what we must do to make the organism more resistant against the plagues that are coming.

The Blessed Mother responds:

My beloved, utilize **water** that has been previously boiled and start **now** the detox of the organism drinking as much water as possible, so the organism will start to purify." **Blessed Virgin Mary**, 10.13.2014

## 2.2 Blackberry

(Scientific name: *Rubus ulmifolius*, family Rosaceae) Known as blackberry or mulberry

It has the following properties:

- Contains natural antioxidants.
- Contains vitamins A, C and E and minerals such as zinc and manganese that benefit immune system, reinforcing defenses.
- Provides dietary fiber, that facilitates intestinal transit.



"Beloved, as a Mother who sees beyond what you see, I ask you to eat the blackberry/mulberry. It is a natural blood purifier, and this will help the organism become more resistant to the maladies that humanity will suffer. You ignore that a great part of the virus and bacteria that plague you, have been created by man himself as a result of the power over all humanity." Blessed Virgin Mary, 10.13.2014

## 2.3 Summary Table of remedies and plants recommended by Heaven to detoxify the organism

| Treatment      | Plant or Remedy recommended by Heaven | Action of the plant / remedy                        | Application or dose              | Observations                  |
|----------------|---------------------------------------|---|----------------------------------|-------------------------------|
| Detoxification | Water                                 | Detoxify the organism saturated by a bad nutrition. | Drink as much water as possible. | It must be previously boiled. |
|                | Blackberry                            | Purify blood, it makes organism more resistant.     |                                  |                               |

#### 3. PLANTS AND REMEDIES TO STRENGTHEN IMMUNE SYSTEM

#### 3.1 Vitamina C

(Ascorbic acid)

Vitamin C has the following properties:

- Strengthens immune system.
- Preventive effect on diseases.
- Antihistaminic properties.
- Increases hemoglobine production.
- Contributes to growth and repair of body tissue.

## 3.2 Raw garlic

(Scientific name: Allium sativum, family Liliaceae)

Garlic has the following properties:

- Bactericide effect.
- Useful in disease prevention.
- High Vitamin C content.
- Contributes to the correct functioning of the thyroid gland, favoring the basic metabolism.

## 3.3 Ginger

(Scientific name: Zingiber officinale, family Zingiberaceae)

Ginger has the following properties:

- Reinforces immune system.
- Maintains the defenses of the organism.
- Fights intestinal bactericide infections.
- Expectorant and antibiotic.







"As mother, I ask you observe, as part of your diet for life, the daily need to ingest VITAMIN C, to ingest raw garlic or ginger daily." **Blessed Virgin Mary, 03.12.2017** 

## 3.4 Echinacea

(Scientific name: *Echinacea purpurea*, family Asteraceae)



Echinacea has the following properties regarding the immune system:

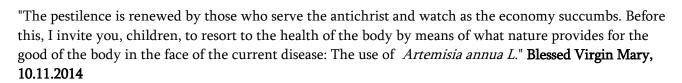
- Boosts the immune system, given that it is a natural antibiotic capable of activating leukocites production.
- Anti-inflammatory.
- Adjuvant in combating infectious processes, viruses and bacteria.

## 3.5 Artemisa

(Scientific name *Artemisia annua L.*, family Asteraceae) Known as sweet artemisa

Artemisa plant has the following properties related to the immune system:

- Boosts the immune system.
- Antimicrobial activity.
- Used to fight the malaria parasite.
- Strenghtens psoriasis and leukemia treatments.
- Recommended to fight against Ebola, fever, hepatitis B and C and AIDS.



#### 3.6 Ginko biloba

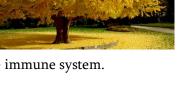
(Scientific name: *Ginkgo biloba L*, family Ginkgoaceae) Known as ginko or gingo

Ginko has the following properties related to the immune system:

- Increases blood flow through the circulatory system.
- Helps in the liberation of vitamins and minerals necessary for the immune system.

Ginkgo plant was recommended by the Blessed Virgin Mary to treat a strange disease that would attack the immune system. Luz de María Reflexion, 11.10.2014





## 3.7 Summary Table of remedies and plants recommended by Heaven to strengthen the immune system

| Treatment            | Plant or Remedy recommended by Heaven | Action of the plant / remedy   | Application or dose                         | Observations   |
|----------------------|---------------------------------------|--|---|--|
|                      | Vitamin C                             | Strengthens immune system, antihistaminic, increases hemoglobine production, important for the growth and repair of body tissue. |   |  |
|                      | Raw garlic                            | Bactericide, prevents diseases, high content of vitamin C, contributes to the correct functioning or the thyroid gland.          | Ingest daily a garlic clove in the morning. | The Mother indicated to ingest daily garlic or ginger, not both. |
| Sistema Inmunológico | Ginger                                | Reinforces immune system, maintains the organism's defenses, fights bacterial intestinal infections.                             | Ingest daily.                               | The Mother indicated to ingest daily garlic or ginger, not both. |
|                      | Echinacea                             | Boosts immune system,<br>anti-inflammatory, fights<br>infectious processes, virus<br>and bacteria.                               |   |  |
|                      | Artemisa                              | Boosts immune system, has antimicrobial activity.  |   |  |
|                      | Gingko Biloba                         | To treat strange disease that will affect immune system.   |   |  |

#### 4. PLANTS AND REMEDIES TO TREAT RESPIRATORY SYSTEM DISEASES

#### **4.1** Pine

(Scientific name: *Pinus sylvestris*, family Pinaceae) Known as silvester pine, Scots/Scotch pine, red pine, white pine

Pine has the following properties:



- Buds (new leave shoots) and leaves are used for respiratory affections such as cough, colds, chronic and acute colds, bronchitis, pneumonia, sinusitis, pharyngitis.
- Essential oils have balsamic, expectorant, antiseptic, anti-inflammatory and diuretic properties.

Remain on alert: serious epidemics are appearing before humanity and they attack the respiratory system, for which I call you to use PINUS NEEDLES/LEAVES, with extreme prudence, in doses no greater than twice a day, in the form of tea. Our Lord Jesus Christ, 01.03.2019

PINUS: Christ mentioned to me that Pinus is the tree known as Scots/Scotch pine, red pine, white pine; the pine exists throughout almost the whole world. It belongs to the Pinaceae family, Pinus sylvestris. Boil three tablespoons of dried pine needles/leaves in a liter of water (4.22 cups), take one cup twice a day. Not to be used by very small children or pregnant women. The scientific name is Pinus sylvestris, of the pinaceae family.

## 4.2 Mullein

(Scientific name: Verbascum thapsus, family Scrophulariaceae) Known as Mullein or Verbascum, Sirius of Our Lady

Mullein is used to treat the following conditions:

- Sore throat.
- Cough and colds (it has expectorant, cough suppressant properties
- Bronchitis asthma, allergies.
- Certain Influenza virus.

"Use mullein and rosemary in discreet amounts." Blessed Virgin Mary, 01.28.2016

## 4.3 Holy Water, White Hawthron and Echinacea

#### 4.3.1 White Hawthorn

(Scientific name: *Randia karstenii*, sinonym *Randia aculeata*, family Rubiaceae)

Known as White Hawthorn, White Indigo Berry





White Hawthorn has the following properties:

- Helps in heart failure and prevents angina pectoris.
- Recommended by the Divine Wisdom.

#### 4.3.2 Echinacea

(Scientific name: Echinacea purpurea, family Asteraceae)

Known as purple coneflower

Echinacea has the following properties related to the respiratory system:

- Fights respiratory system 's diseases: sinusitis, pharyngitis, bronchitis.
- Reduces cold symptoms (mucus, cough, fever) and accelerates recovery.
- Acts preventively to reduce the effects of such pathologies.



"Another disease is spreading affecting the respiratory system; it is highly contagious. Have **Holy Water**; use the **White Hawthorn** and the **Echinacea** plant to fight it." **Blessed Virgin Mary**, 01.31.2015

#### 4.4 Avoid crowds

When you hear of a strongly contagious respiratory illness, do not expose yourselves in crowds, or in places where you have to share several hours with your brothers and sisters, for example in airplanes and collective means of transport. Wait patiently for the said disease to abate. People of God be obedient and be patient, so that with due discernment and given My calls, you are cautious in undertaking trips that are not a priority. Saint Michael Archangel, 18.08.2019

## 4.5 Do not expose to the outdoors and use Good Samaritan Oil

My children are suffering more frequently from respiratory diseases, which increase, being recurrent and requiring long treatment.

Children, have you not asked yourselves why it is that you should be weaker faced with respiratory diseases?

Exposure to drastic changes in the climate greatly contributes to your bodies' being exposed to respiratory complications, but at the same time the hand of man is implicit, spreading chemicals and viruses through the air so that you fall sick more frequently, and these sometimes become mortal for human beings. Faced with this, you should protect yourselves in order to minimize exposure to white trails when they cover

the atmosphere. At the same time, spray the oil of the Good Samaritan on what you have chosen to protect your nose and mouth.

Sick minds of powerful nations are the demons that spread the disease on My children in airplanes. Shut your homes and do not expose yourselves to the open air when you see strange forms in the atmosphere." Blessed Virgin Mary, 12.21.2019

4.6 Summary Table of remedies and plants recommended by Heaven to treat respiratory system diseases

| Treatment          | Plant or Remedy recommended by Heaven | Action of the plant / remedy   | Application or dose  | Observations   |
|--------------------|---------------------------------------|--|--|--|
|                    | Pine                                  | Respiratory affections such as cough, colds, chronic and acute colds, bronchitis, pneumonia, sinusitis, pharyngitis; Essential oils have balsamic, expectorant, antiseptic, anti-inflammatory and diuretic properties. | Boil three tablespoons of dried pine needles/leaves in a liter of water (4.22 cups), take one cup twice a day. | Not to be used by very small children or pregnant women.   |
|                    | Mullein                               | It has expectorant, cough suppressant properties to treat sore throat, cough and colds, bronchitis, asthma, allergies. Antiviral for certain influenza virus.  | Use in discreet amounts.   |  |
| Respiratory System | Holy Water                            | To treat a disease that affects respiratory tract.   |  |  |
|                    | White Hawthorn                        | Helps in heart failure<br>and prevents angina<br>pectoris.<br>Recommended by the<br>Divine Wisdom.   |  | The Mother recommended to use Holy Water, the White Hawthorn and the Echinacea plant to fight a contagious disease that affects respiratory system |
|                    | Echinacea                             | Fights respiratory<br>system's diseases.<br>reduces cold symptoms<br>(mucus, cough, fever)<br>and accelerates<br>recovery.   |  |  |

| Avoid crowds                  | Highly contagious respiratory disease.   | Wait for the disease to abate.   | Avoid places where you have to share several hours with your brothers and sisters, for example airplanes and collective means of transport. |
|-------------------------------|--|--|---|
| Do not expose to the outdoors | Minimize exposure to white trails when they cover the atmosphere, due to the spreading of chemicals and viruses through the air to make us sick. | Shut our homes to not expose ourselves to the outdoors.                      | The Mother recommended, to avoid effects of viruses spread in the air, to close the   |
| Good Samaritan Oil            | Protection against<br>chemicals and virus<br>spread in the air that<br>leave strange forms in<br>heaven (White trails).                          | Spray Good Samaritan Oil on the device chosen to protect our mouth and nose. | doors of our homes and<br>to use Good Samaritan<br>Oil.   |

#### 5. PLANTS TO TREAT DIGESTIVE SYSTEM DISEASES

## 5.1 Angélica

(Scientific name: *Angelica archangelica* L., family Apiaceae)

Known as Ghost Spirit Herb or Herb of the Angels (It receives its name due to a belief that it was a gift of Saint Gabriel Archangel to a wise hermit so that he could fight the plague that ravaged Europe during the Middle Ages).



Angelica has the following properties:

- Promotes digestion.
- Improves gastric juices secretion.
- Eliminates intestinal gases.
- To treat heavy digestions and the lack of appetite.
- To treat diseases that attack digestive system.

Serious illnesses are approaching that attack the digestive system; use the plant known as **Angelica** and use the whole plant properly, pregnant women being cautious. **Blessed Virgin Mary**, **05.24.2017** 

## 5.2 Rosemary

(Scientific name: Rosmarinus officinalis L., family Lamiaceae)

Rosemary has the following properties related to the digestive system:

- Stimulates gastric and intestinal juices.
- Eliminates spasms, reduces gases, colic and flatulence.
- Used in gallbladder conditions and dispepsia.



Use mullein and rosemary in discreet amounts. Blessed Virgin Mary, 28.01.2016

## 5.3 Summary Table of remedies and plants recommended by Heaven to treat digestive system diseases

| Treatment                  | Plant or Remedy recommended by Heaven | Action of the plant / remedy  | Application or dose      | Observations                 |
|----------------------------|---------------------------------------|---|--------------------------|------------------------------|
| Angelica  Digestive System | Angelica                              | Promotes digestion,<br>improves gastric juices<br>secretion. eliminates<br>intestinal gases to fight<br>diseases that attack<br>digestive system. | Use the whole plant.     | Caution with pregnant women. |
|                            | Rosemary                              | Stimulates gastric and intestinal juices, eliminates spasms, reduces gases, colic and flatulence. Used in gallbladder conditions and dispepsia.   | Use in discreet amounts. |                              |

#### 6. PLANTS TO TREAT NERVOUS SYSTEM DISEASES

#### 6.1 Nettle

(Scientific name: *Urtiga dioica L.*, family Urticaceae)

Nettle has the following properties:

- As a painkiller, it helps to manage both anxiety and stress to treat other nervous problems.
- It has benefits to retard aging and prevent memory-related problems.
- Anti-inflammatory, antiviral, antimicrobial, hepatoprotective.
- It can be used to combat many ailments. The most effective way to ingest it is as infusion.

## 6.2 Ginko biloba

(Scientific name: Ginkgo biloba L, family Ginkgoaceae) Known as ginko or gingo.

Ginko has the following properties related to the nervous system:

- Protects the brain from senile dementia, stroke and neurodegenerative diseases.
- Cognitive benefits, improved thinking and memory.
- Regulates hypertension, asthma, depression, vertigo, and atherosclerosis.

The Blessed Mother announced to me a disease that will attack the nervous and immune system causing serious problems on the skin, for which she told me to use the leaf of the nettle and ginkgo plants. Luz de María Reflection, 11.10.2014



and

## $6.3\,$ Summary Table of remedies and plants recommended by Heaven to treat nervous system diseases

| Treatment      | Plant or Remedy recommended by Heaven | Action of the plant / remedy  | Application or dose | Observations   |
|----------------|---------------------------------------|---|---------------------|--|
| Nervous System | Nettle                                | Painkiller for anxiety and stress. Retards aging and prevents memory-related problems. Anti-inflammatory, antiviral, antimicrobial, hepatoprotective.   | Ingest as infusion. | The Blessed Mother announced a disease that will attack nervous and immune system, causing great problems in the skin. She |
|                | Gingko Biloba                         | Protects the brain from senile dementia, stroke and neurodegenerative diseases. Cognitive benefits, improved thinking and memory. Regulates hypertension, asthma, depression, vertigo, and atherosclerosis. | Use the leaves.     | recommended, to treat<br>this disease, the use of<br>gingko and nettle.  |

## 7. PLANTS TO TREAT EYE DISEASES

## 7.1 Euphrasia

(Scientific name: Euphrasia officinalis L, family Orobanchaceae)

Euphrasia has ophthalmic properties:

- Anti-inflammatory, decongestant and eye reliever.
- Antibacterial and to treat conjunctivitis and sty.

A disease is coming that will attack the eyes; for this, use the plant known as Euphrasia. Blessed Virgin Mary, 05.24.2017



## 7.2 Summary Table of remedies and plants recommended by Heaven to treat eye diseases

| Treatment | Plant or Remedy recommended by Heaven | Action of the plant / remedy   | Application or dose | Observations   |
|-----------|---------------------------------------|--|---------------------|--|
| Eyes      | Euphrasia                             | Anti-inflammatory,<br>decongestant and eye<br>reliever.<br>Antibacterial and to treat<br>conjunctivitis and sty. |                     | The Mother recommended the plant to treat a disease that will attack eyes. |

#### 8. PLANTS TO TREAT SKIN DISEASES

#### 8.1 Calendula

(Scientific name: *Calendula officinalis*, family Asteraceae)
Known as Marigold, Pot Marigold, Goldbloom and Golds, Golden Flower of Mary

Calendula is used to treat the following skin conditions:

- Relieves burns, irritations and inflammations.
- Pain caused by insect bites, bruising and bumps.
- In skin burns reduces inflammation and soothes pain.
- Stimulates skin regeneration and promotes collagen production.
- Promotes healing and wound regeneration.
- Helps in case of dermatitis and improves cracked skin.



A strange illness is coming to humanity, high fevers and wounded skin will be a scourge from one instant to another, for which you should use the plant called **calendula**. *Saint Michael Archangel*, *04.04.2019* 

#### 8.2 Artemisa

(Scientific name *Artemisia annua L.*, family Asteraceae) Known as sweet artemisia.

Artemisia has the following properties related with skin diseases:

- Due to its active principles it is involved in the treatment of a great variety of diseases.
- Promotes skin health through antioxidants that help maintain a healthy skin, avoiding damage caused by free radicals.



My people, I see beyond, and the disease that is approaching humanity will find a cure with the plant artemisia annua l. on the skin. Our Lord Jesus Christ, 01.04.2018

The pestilence is renewed by those who serve the antichrist and watch as the economy succumbs. Before this, I invite you, children, to resort to the health of the body by means of what nature provides for the good of the body in the face of the current disease: The use of Artemisia annua L. Blessed Virgin Mary, 10.11.2014

## 8.3 Summary Table of remedies and plants recommended by Heaven to treat skin diseases

| Treatment | Plant or Remedy recommended by Heaven | Action of the plant / remedy  | Application or dose        | Observations  |
|-----------|---------------------------------------|---|----------------------------|---|
| Skin      | Calendula                             | Relieves burns, irritations and inflammations. Relieves pain caused by insect bites, bruising and bumps. To treat diseases on the skin. |                            | Use the plant for disease that causes sores on the skin and high fever. |
|           | Artemisia Annua                       | Diseases on the skin  | Use the plant on the skin. |   |

#### 9. PLANTS WITH ANTIBIOTIC PROPERTIES

## 9.1 Oregano

Original from Europe (Scientific name *Origanum vulgare*, family Lamiaceae)

Original from America (Scientific name *Lippia graeolens.*, family Verbenaceae)

- Very powerful antibiotic, with anti-inflammatory action.
- Fight microbes (fungus and bacteria).
- Relieves cough, eliminates viruses, treats flu, stimulates the immune system.
- Reduces skin infections.
- Fights free radicals and delays aging due to the antioxidant effect.
- Useful pain reliever in case of sprains, lightpobalgias, arthritis, toothache, burns, cuts and scratches.

After the message from the blessed Mother on June 3, 2016, Luz de María had a vision in which she was given the following indications as natural remedies for the illnesses that are approaching.

Our Mother told me that true plagues will come and that we should ingest a raw clove of garlic every morning, or oil of oregano; these two are excellent antibiotics. If oil of oregano is not available, oregano can be boiled to make an infusion; however, the Oil of Oregano is a better antibiotic. Blessed Virgin Mary, 06.03.2016

## 9.2 Rosemary

(Scientific name: *Rosmarinus officinalis L.*, family Lamiaceae)

Rosemary has the following uses as antibiotic:

- Effective against bacteria, fungi and other microorganisms.
- In oil it is excellent to fight bacteria such as: Bacillus sibtilis, Staphylococcus aureus, Escherichia coli, Microcuccus luteus, Vibrio cholerae, S. albus, Corynebacteriun spp, Salmonella spp and Listeria monocytogenes.



Use mullein and rosemary in discreet amounts. Blessed Virgin Mary, 01.28.2016

## 9.3 Summary Table of remedies and plants recommended by Heaven as antibiotics

| Treatment   | Plant or Remedy recommended by Heaven | Action of the plant / remedy                            | Application or dose  | Observations                        |
|-------------|---------------------------------------|---|--|-------------------------------------|
|             | Oregano                               | Antibiotic to fight pests.                              | Oregano oil, if not available, it can be boiled to make a tea. | Oregano oil is better than the tea. |
| Antibiotics | Rosemary                              | Antibiotic to fight bacteria, fungi and microorganisms. |  | Oil is excellent to fight bacteria. |

#### 10. EPIDEMIES AND PANDEMICS

## 10.1 Use of sacramentals, holy oil and holy water

I invite you not to forget the use of sacramentals. In case of contagious diseases (pestilences, plagues, others) anoint the doors and windows with holy oil. If you find yourselves sick, sprinkle the food with holy water and keep in mind the use of the medicinal plants My Mother has indicated you use for these unexpected circumstances. Be creatures firm in faith, knowing that being endowed with reason and intelligence, you consciously obey the guidelines that the leaders of your countries indicate to you. My call is to remain alert. In this moment, humanity is threatened by illness. So at this time, you should protect and help one another with authentic love and with mercy, caring for your brothers/sisters as much as is possible, in the same way that you care for yourselves, and remain in your homes when your countries are being threatened by some epidemic. If, at this moment, you are not suffering from nature's attacks, from diseases, or from hunger, do not be indifferent toward those that are suffering, since no nation can assure it will not suffer these calamities at some moment. The cold-heartedness and indifference before suffering is an example of the estrangement that man maintains with My House. The Christian accompanies, suffers, and rejoices with his /her neighbor, because he/she knows that a neighbor is the image and likeness of his /her Creator. Our Lord Jesus Christ, 05.2009

#### 10.2 Oil of the Good Samaritan

"Great pestilences, plagues generated by unknown viruses are advancing upon humanity: use the oil of the Good Samaritan (1) as protection faced with a case of a highly contagious disease where you live – the quantity of the head of a pin on the earlobes will suffice (2). If the number of those infected increases, you should put it on both sides of your neck and on the wrists of both hands." Blessed Virgin Mary, 01.28.2020

#### EVERY MEDICATION GIVEN BY HEAVEN CONTAINS THE MAIN INGREDIENT THAT IS FATIH.

## (1) RECIPE OF THE OIL OF THE GOOD SAMARITAN

#### **Ingredients:**

5 Pure essential oils + 1 Base oil

#### **Essential oils:**

- Cinnamon oil
- Clove oil
- Lemon oil
- Rosemary oil
- Eucalyptus oil

#### Base oil:

The base oil can be olive oil, almond oil or mineral oil. The ratio should be 1 measure of pure oil to 5 measures of base oil.

## Preparation:

Mix all 5 pure essential oils (cinnamon + clove + lemon + rosemary +eucalyptus) with the base oil (olive oil or almond oil or mineral oil, choose one) Mix them with a wooden spoon until getting a homogeneous mixture.

## Example No. 1 using NOT 100% PURE essential oils

## Mix the essential oils with the base oil

| • CINAMON OIL    | 10  cc + 50  cc base oil |
|------------------|--------------------------|
| • CLOVE OIL      | 10  cc + 50  cc base oil |
| • LEMON OIL      | 10  cc + 50  cc base oil |
| • ROSEMARY OIL   | 10 cc+ 50 cc base oil    |
| • EUCALYPTUS OIL | 10  cc + 50  cc base oil |

<sup>\*</sup> with this proportions you will obtain 300 cc of Good Samaritan Oil, - you may use other measures according to your needs, but always keeping the indicated proportions.

## **Example No. 2** using the rapeutic degree 100% PURE essential oils

#### Mix the essential oils with the base oil

| • BASE OIL       | 114 ml bottle |
|------------------|---------------|
| • CINAMON OIL    | 15 drops      |
| • CLOVE OIL      | 15 drops      |
| • LEMON OIL      | 15 drops      |
| • ROSEMARY OIL   | 15 drops      |
| • EUCALYPTUS OIL | 15 drops      |

## Recommendations:

- If available, use therapeutic degree essential oils, prepared in specialized laboratories to guarantee the pureness of the essences.
- For a better absorption of the Good Samaritan Oil, use as base oil liquid coconut oil or grape oil, which favor penetration of the oil in the skin.
- Elaborate in a cool place, without exposing the oils to direct light.
- Wear gloves and use a glass bowl.
- Test the mix on your forearm, wait 25 minutes. If skin reddens, wash with plenty of water or apply lavender oil, and little by little the redness will disappear. When this effect happens, add more of the same base oil with which the mixture was prepared. Do not expose the oils to the air for a long time; keep them in a tightly closed amber color glass

container to prevent them from volatilizing and evaporating. They should be kept out of the reach of children.

## Dosage and application:

Before each use move the container softly so the oils get mixed. Apply and rub a few drops directly on the temples, throat, behind the ears, underarms, abdomen, joints, or full foot sole. To purify the air and remove viruses from the environment, home or office, use a diffuser, spray or pan of boiling water with a few drops.

Another way to use: in a piece of cloth, handkerchief, dust mask or cotton balls put 3 to 4 drops of oil and place over the mouth.

#### Contraindications:

Do not use an essential oil directly on the skin without first diluting it in a base oil. Oils on their own are irritants and must be carefully handled. For sensitive skin, apply only on foot sole. It is not recommended for children under 3 years of age. Pregnant women: ask a professional about the negative effects of the essential oils.

**Note**: The recipe that the Mother has given us uses pure essential oils. If these cannot be found, you can get the corresponding herbs for each essential oil and find a way to extract them in order to mix them. Although concentration is not equal to that of essential oil, given that a distillation process is not used, it can be helpful when essential oils are not available, but not as effective as essences. Essential oils can be found in specialized stores or macrobiotic stores. In every country you can find the essences to prepare the mixture. It is recommended to stay in prayer during the preparation of the oil and to have faith in the Divine Recommendations.

- (2) The quantity of the head of a pin on the earlobes means a very small quantity.
- (\*) CLARIFICATION: we do not sell the oil or any other product, we only offer the formula and how to prepare it.

#### MESSAGES RELATED TO THE GOOD SAMARITAN OIL

My People, prepare yourselves! Calamities are calamities, persecutions are persecutions. Plagues will increase and will be increasingly unknown. My Mother has given you the protection against the plagues: The Oil of the Good Samaritan and other means to fight what science will not succeed in fighting. Our Lord Jesus Christ, 08.06.2016

Plague is advancing, My Children, it is advancing and changing into a pandemic, causing terror and fear. You have been warned by the Father's House and have the teachings about natural medicines for combating these contagious diseases. Prepare the Oil of the Good Samaritan to prevent contagion. Blessed Virgin Mary, 11.03.2019

After the message from the blessed Mother on June 3, 2016, Luz de María had a vision in which she was given the following indications as natural remedies for the illnesses that are approaching.

Suddenly, our Mother raises Her other Hand and I see human creatures sick with great plagues; I see a healthy person approach a sick one and is immediately infected... I ask our Mother: How can we help these brothers? and She says: use the Oil of the Good Samaritan (Aceite del Buen Samaritano). I gave you the necessary and convenient ingredients. Blessed Virgin Mary, 06.03.2016

## 10.3 Pray the Rosary of the Precious Blood

Tell them to pray the Rosary of My Precious Blood, and to use what My Mother has given them for combating pestilences and plagues. Our Lord Jesus Christ, 07.10.2016

#### 10.4 Use the Miraculous Medal

Our Lord Jesus Christ tells us to carry the Miraculous Medal with Faith, as a sacramental we can always take with us, as well as in our homes, placing it behind the entrance door and in the windows that face the exterior.

The silent step of the plague that will raze the life of men is heavy. Only My Mother's Help will be able to stop it; use the Miraculous Medal to this purpose, carrying faith before you as the Banner of Triumph. Our Lord Jesus Christ, 05.30.2013

## 10.5 Seal yourselves with the Blood of Christ and bless food

Our Lord Jesus Christ calls us to seal ourselves in the Name of His Precious Blood and to bless the food with the Signal of the Cross, before consuming it.

Plagues advance causing havoc, seal yourselves in the Name of My Blood. Bless your food with the sign of My Cross and maintain faith alive. Our Lord Jesus Christ, 12.02.2012

## 10.6 Summary Table of remedies and plants recommended by Heaven for epidemies and pandemics

| Treatment               | Plant or Remedy recommended by Heaven                                | Action of the plant / remedy   | Application or dose   | Observations   |
|-------------------------|--|--|---|--|
| Epidemies and Pandemics | Sacramentals   |  | Use sacramentals.   |  |
|                         | Holly oil  | In case of contagious diseases (pests, plagues, other).                                    | Anoint external doors and windows with holy oil.  |  |
|                         | Holly water  | In case of illness.  | Spray food with holy water.   |  |
|                         | Good Samaritan Oil   | To fight great plagues, pests generated by unknown viruses and highly contagious diseases. | Apply it on the ear lobes. If the infected increase, apply on both sides of the neck and on the wrists of both hands.                                     | Preparation of the oil is detailed in paragraph 10.2. It must be used when the plagues start in order to prevent contagion and in case of illness. |
|                         | Pray the Rosary of the<br>Precious Blood of Our Lord<br>Jesus Christ | In case of pests and plagues.  | Pray the Rosary of the Precious Blood of Our Lord Jesus Christ  |  |
|                         | Carry the Miracolous Medal   | In case of pests.  | Carry the Medal with us with faith as a sacramental. Place it on the back of the entrance door of our home and behind the windows that face the exterior. |  |
|                         | Seal yourselves with the Blood of Christ.                            | In case of pests.  | Seal ourselves in the<br>Name of The Precious<br>Blood of Christ.   |  |
|                         | Bless food   | In case of pests.  | Bless food with the Sign of the Cross.  |  |

#### 11 OTHERS

## 11.1 Insect plagues

Plagues will spread throughout the Earth; insects will invade everything in their path. Houses will need to be protected in their doors and windows, and you must not go out from where you are until the said plague ends - otherwise you will suffer serious lesions. Saint Michael the Archangel, 08.18.2019

My People, the Sun is emitting dangerous emanations towards the Earth; do not expose yourselves to the Sun, unknown diseases produced by the Sun are appearing. Our Lord Jesus Christ 10.09.2017

#### 11.1.1 Romero

(Scientific name: Rosmarinus officinalis L., family Lamiaceae)

Rosemary has the following property:

• As an oily or alcoholic solution, it is used as insect repellent.

"Use mullein and rosemary in discreet amounts." Blessed Virgin Mary, 01.28.2016



## 11.2 Summary Table of remedies and plants recommended by Heaven for insect plagues

| Treatment      | Plant or Remedy recommended by Heaven   | Action of the plant / remedy | Application or dose  | Observations |
|----------------|---|------------------------------|--|--------------|
| Insect plagues | Protect doors and Windows in the house. | In case of insect plague.    | Protect doors and windows. Do not come out from where you are until the plague ends. |              |
|                | Rosemary                                | Natural repellent.           | As oily or alcoholic solution.   |              |

## 12. UNKNOWN DISEASES

## 12.1 Invoke the Blessed Virgin Mary

Though you see the plague come with unknown diseases before which science will not be able to create new ways to stop it, do not stagger in faith. Invoke me: HAIL MARY MOST PURE, CONCEIVED WITHOUT SIN. But with faith the size of a mustard seed. All will be kept away from you and from your families, with faith. Blessed Virgin Mary, 08.12.2010

## 12.2 Summary Table of remedies and plants recommended by Heaven for unknown diseases

| Treatment        | Plant or Remedy recommended by Heaven                     | Action of the plant / remedy  | Application or dose | Observations             |
|------------------|---|---|---------------------|--------------------------|
| Unknown diseases | Invoke: HAIL MARY MOST<br>PURE, CONCEIVED<br>WITHOUT SIN. | When facing unknown diseases that science will not be able to stop. |                     | Do not stagger in faith. |